



NEURODIVERGENT ADULT GROUP (NDA) RESOURCES



NEED SOME FIDGETS FOR CLASS?



Stop by the Office of Accessibility Services to borrow some fidgets! Mix and Match and find your favorite



NEED SOME SPACE TO WIND DOWN OR CHILL OUT?



Come visit our neurodivergent friendly safe space with dimmed lighting and adult bean bags! Located in the Peace Room in St. Joseph's Hall.



LOOKING FOR COMMUNITY?



Come to our monthly meeting of the neurodivergent adults group (NDA) to be with those that just get it!

FEELING OVERWHELMED?

Sign out a pair of noise cancelling headphones to use at the office of student accessibility

Find the office of student accessibility on the 3rd floor of the library for more information email: jacquelyn.macdonald@regiscollege.edu